

RuSaTi Workshop

To bring along

- Slippers or socks as well as high heeled shoes in which you can walk really well. The nicest shoe will not look good on you if you cannot walk in them, are in pain and develop blisters. All shoes must be somewhat comfy. "Comfy" shoes can be bought from special shops that offer dancing shoes of all kinds.
- Clothing in which you feel good and are flexible enough to move. This can be a simple t-shirt but also a corset and hot pants. It is important that you feel comfortable and confident wearing your clothes. Corsets may for instance tie you up all too much or hinder you from bending over properly. Please consider this when wearing tight clothing.
- A pair of full-fingered gloves. This may be simple woolen gloves you normally wear in winter but it may also be proper dancing gloves. The length is not important here.
- Props of whatever kind. This might be a hat, an umbrella, clothing to unbutton, long necklaces, basically anything you may want to play around with.
- Drinking bottle
- Lots of good mood(:

Good to know

- Every human body can appear to be sexy. It is just a matter of finding out what are your strengths and to use what you have got. Many famous Burlesque Dancers have curves and are loved for each and every one of them!{:
- We promise to take our time for each and every one of you and to talk to you individually if in need. We believe that every one of you counts and deserves some individual time.
- It is possible to take photos during the workshop. This also makes sense to later improve what you have learned or to simply have fun. We are also able to film, which might come in handy should you wish to perform the little choreography. Steps are easier to follow then. Please bring a USB flash drive so that we can share the photos/ videos with you.
- Workshops normally last for 2-3 hours. Should you need more time not a problem, just talk to us.